2027 Medication Therapy Management (MTM) Program

Our Medication Therapy Management (MTM) Program can help you manage all of your medications including your prescription, over-the-counter (OTC) products and supplements. A team of doctors and pharmacists created this program to make sure the medications you are taking are working well together to treat your medical conditions and to help catch any possible medication errors.

You are likely eligible for this program if you have three or more of the conditions listed below, take 8 or more maintenance Part D medications ($1,340 in 2027). If you are identified as being at high risk for opioid-related overdose or adverse events and are part of our Drug Management Program, you will also be eligible.

- Alzheimer's Disease
- Bone disease-arthritis (including osteoporosis, osteoarthritis, and rheumatoid arthritis)
- Chronic congestive heart failure (CHF)
- Diabetes
- Dyslipidemia
- End-stage renal disease (ESRD)
- HIV/AIDS
- Hypertension
- Mental health (including depression, schizophrenia, bipolar disorder, and other chronic/disabling mental health conditions)
- Respiratory Disease (including asthma, chronic obstructive pulmonary disease (COPD), and other chronic lung disorders

As part of our MTM program, you will receive a Comprehensive Medication Review (CMR) and Targeted Medication Reviews (TMRs). If you qualify for this program, we will let you know by mail and then follow up by phone to schedule a time to go over your medications with our team.

During your CMR, a pharmacist or other healthcare professional will go over everything you are currently taking with you. They will:

- Answer your questions and talk through any concerns about your medications
- Discuss possible cost savings or lower-cost alternatives, where available
- Check for drug interactions and side effects, and make sure everything is safe for you to take together
- Let your doctor know about any interactions or side effects they find

After your CMR, we will mail you a Personal Medication List and To Do List that you can bring to your next doctor's visit. Our team will also do a review every 3 months with a TMR and may reach out to your doctor with recommendations if needed. WE will also send you guidance on how to safely dispose of any unused, unwanted, or expired medications that are controlled substances.

This program is not considered a plan benefit. If you meet the criteria for this program, we will automatically enroll you and reach out by phone or mail with more details. The MTM program is completely free for eligible members and participation is voluntary. If you would rather not participate, please contact us and we will withdraw you from the program.

If you have any questions, please call Member Services at **866-627-8901**. Hours are 8 a.m. to 8 p.m., seven days a week from October 1 to March 31 (except for Thanksgiving and Christmas). From April 1 to September 30 hours are 8 a.m. to 8 p.m. Monday through Friday (except for Federal holidays). Messages received on holidays and outside of our business hours will be returned within one business day.

You can also contact us via email at info@mcpartnerstx.com.

Click here- Personal Medication List English or Personal Medication List Spanish if you would like to access a blank copy of the Personal Medication List for your reference.