



Clinical Criteria

Clinical Criteria for Utilization Management (UM) Decision-Making

Reviewed and approved by the Utilization Management Policy Committee (UMPC) on December 28, 2023.

Medicare Clinical Criteria and Guidelines:

The following criteria were adopted on December 28, 2024, by the MedCare Partners Health Plans' Utilization Management Policy Committee (comprised solely of physicians) for the purpose of making medical coverage decisions (organization determinations). The clinical guidelines and criteria were selected and adopted because they were developed by Medicare to ensure that health plan members receive appropriate medical coverage in every situation. These criteria are always utilized first when making a medical coverage decision. Other criteria are only utilized when there is no Medicare guideline covering the member's health care needs.

1. CMS National Coverage Determinations (NCD) MCD Search ([cms.gov](https://www.cms.gov))
2. Local Coverage Determinations (LCD) MCD Search ([cms.gov](https://www.cms.gov))
3. Local Coverage Articles (LCA) (Active/Revised) <https://www.cms.gov/medicare-coverage-database/searchresults.aspx?keyword=medicare+coverage&keywordType=starts&areald=all&docType=6,3,5,1&contractOption=all>
4. Medicare Claims Processing Manual <https://www.cms.gov/regulations-and-guidance/guidance/manuals/internet-only-manuals-items/cms018912>
5. Medicare Benefit Policy Manual <https://www.cms.gov/regulations-and-guidance/guidance/manuals/internet-only-manuals-items/cms012673>
6. Medicare Managed Care Manual <https://www.cms.gov/regulations-and-guidance/guidance/manuals/internet-only-manuals-items/cms019326>

In the Absence of Medicare Guidelines:

UMPC - Clinical Criteria for Utilization Management (UM) Decision-Making, Dec. 28, 2023

These secondary clinical criteria (listed below) were adopted by the MedCare Partners Health Plans' Utilization Management Policy Committee (comprised solely of physicians) on December 28, 2024, to be utilized when there are no Medicare clinical criteria or guidelines available for making medical coverage decisions (organization determinations). These criteria will be utilized in the sequence that they are listed.

These clinical guidelines were selected and adopted because they represent "industry standard." They are evidence based, recognized, and accepted throughout the health care industry as some of the best criteria available to ensure the best possible outcomes for members. Physicians also consider each member's situation and health care needs when making medical coverage decisions.

- MCG (formerly called the Milliman Care Guidelines) <https://www.mcg.com/care-guidelines/care-guidelines/>
- National Kidney Foundation KDOQI Clinical Practice Guidelines <https://www.kidney.org/professionals/guidelines>
- American Diabetes Association <https://professional.diabetes.org/standards-of-care/practice-guidelines-resources>
- American Psychiatric Association Guidelines <https://psychiatryonline.org/action/doSearch?target=titleSearch&content=journalTitle&startPage=&SeriesKey=pg>



- National Comprehensive Cancer Network (NCCN) Guidelines
https://www.nccn.org/conference?gad_source=1&gclid=EAlaIQobChMIpq_V8_SVhQMVOCmtBh0DSAXCEAAYASAAEgLIy_D_BwE
- HIV/AIDS Clinical Guidelines
<https://clinicalinfo.hiv.gov/en/guidelines>
- American Society for Addictive Medicine (ASAM) Criteria
<https://www.asam.org/asam-criteria>

If you would like additional information, please call MedCare Partners at 1-888-980-3040 and ask for the UM Department between 8 am and 8 pm Monday-Sunday between October 1st and March 31st ; and 8 am to 8 pm Monday through Friday from April 1st – September 30th.